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Is your family planning a wedding or a party? Will your Auntie Sue, Uncle Dave or Dad be dancing their socks off again? Well if you've got embarrassing video for the dance floor then send us a tape, and we'll show the best and the worst on the

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If there's a knees up round the corner, or later on in the year, then [print out this now](#). Once you've got your tape, fill in the form and send it in, along with your address on the form. Keep on dancin'!

Please note: If you want Top Of The Pops Reloaded to use your tape you must get permission from the person dancing on the tape and your parent/guardian before sending us any personal details.

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